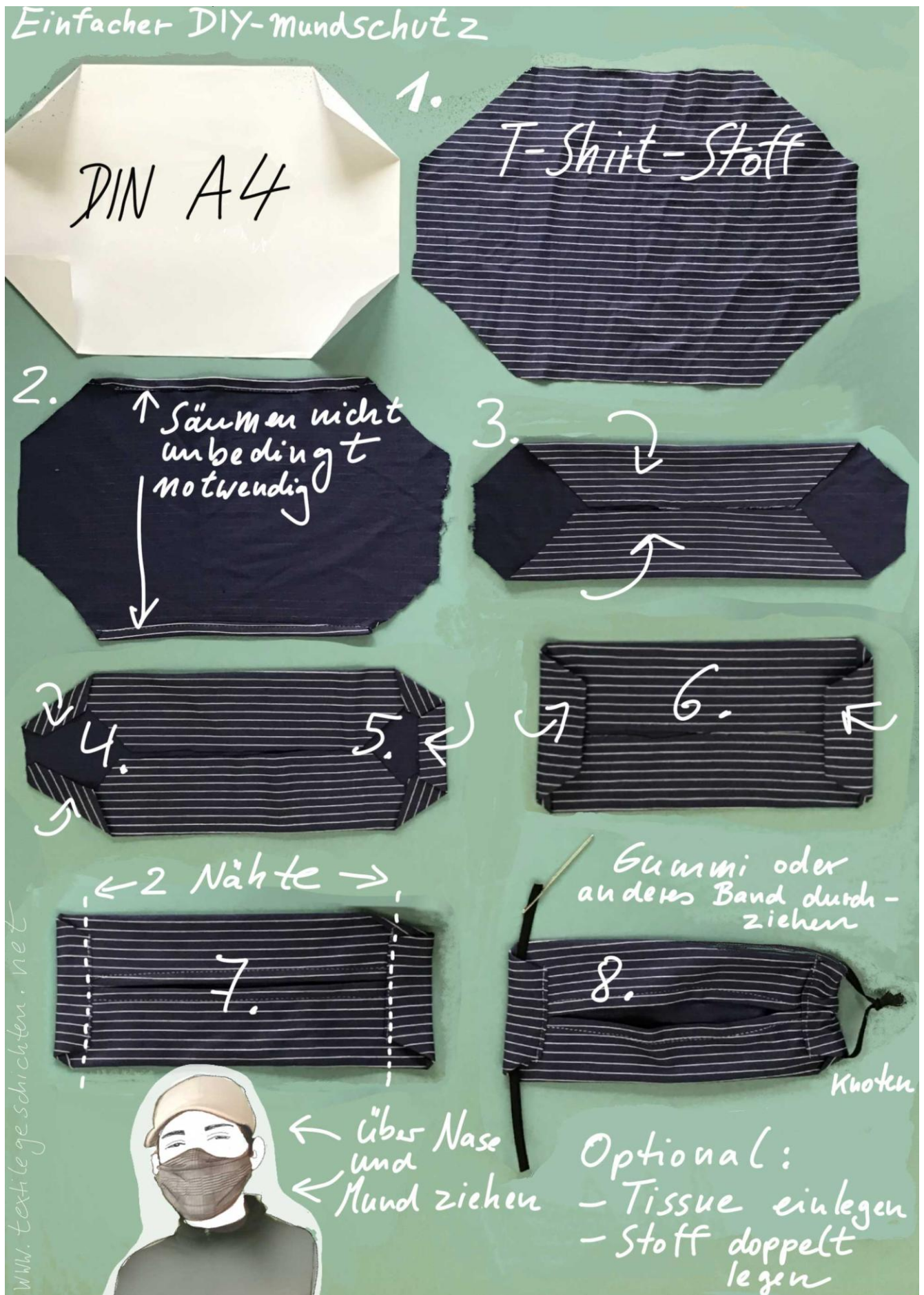




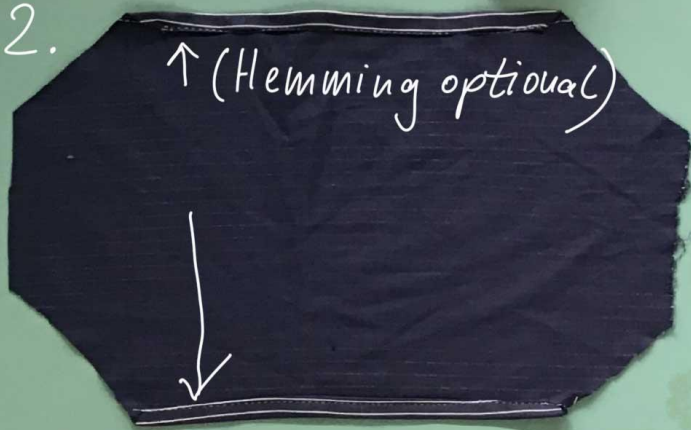
# Simple DIY face protection



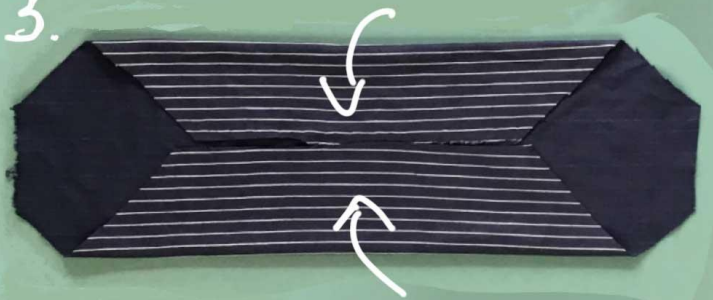
1.



2.



3.



7.

Sew here



Elastic Band

8.



knot



← Fold out  
over nose  
and chin

Optional:  
- put in tissue  
- double the  
fabric

Option: One long circle. (Useful as a hairband also).



Other Options:

If no elastic band available, use normal ribbon to tie.

Statt nähen tackern + Büro gummi / Use a stapler instead of sewing, use office rubber band or hair ties

